

Tobacco Cessation Referral Script

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| Ask the patient about their tobacco use status | "How often are you currently using tobacco?" |
| Advise the patient to quit | "It is important that you quit using tobacco. It is one of the best things you can do for your health now that you have completed treatment." |
| Assess the patient's willingness to quit | "Now that you have completed treatment, how does tobacco fit into your lifestyle? Are you willing to quit at this time?" |
| Assist the patient with resources | "Michigan has a Tobacco Quitline that is free to cancer survivors. It provides counseling and nicotine replacement therapy. I will provide you with information about the Michigan Tobacco Quitline, which can be support you with quitting." |
| Arrange for follow-up | "I am going to send a referral to the MI Tobacco Quitline. At our next appointment we will talk about how your experience was and how you are doing with not using tobacco." |

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Quitting Matters for Cancer Survivors

- **WHY?** Reduce risk for...
 - Reoccurrence
 - Second cancer/malignancy
 - Other chronic diseases
- **HOW?** Receive behavior counseling and nicotine replacement medication
 - The Michigan Quitline provides both
 - Free to cancer survivors

Tobacco use in the home increases secondhand smoke exposure and impacts a positive long term outcome to survivorship.

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