COMMON HERBAL SUPPLEMENTS WITH PHOTOSENSITIVITY PROPERTIES

• Chrysanthemum
• Dong Quai

POTENTIAL INTERACTIONS
Increases skin sensitivity to sunlight.

WHO SHOULD AVOID USE
• Patients undergoing radiation therapy

COMMON HERBAL SUPPLEMENTS WITH IMMUNOMODULATORY PROPERTIES

• Astragalus
• Maitake & Reishi Mushroom

POTENTIAL INTERACTIONS
May boost or suppress the immune system.

WHO SHOULD AVOID USE
• Patients taking immunosuppressants
• Lymphoma patients

COMMON HERBAL SUPPLEMENTS WITH ESTROGENIC PROPERTIES

• Black Cohosh
• Chasteberry
• Dong Quai
• Flax Seed Oil

POTENTIAL INTERACTIONS
Estrogenic effect may stimulate estrogen dependent tumor growth.

WHO SHOULD AVOID USE
• Breast cancer patients (especially those patients who are hormone positive)
• Endometrial cancer patients

Copyright 2017 Michigan Oncology Quality Consortium, All rights reserved. MOQC makes no representations or warranties and explicitly disclaims the appropriateness or applicability of the MOQC Content to any specific patient’s care or treatment. Any clinician seeking to treat a patient using the MOQC Content is expected to use independent medical judgment in the context of individual clinical circumstances of a specific patient’s care or treatment.

COMMON HERBAL SUPPLEMENTS WITH ANTIOXIDANT PROPERTIES

- Garlic
- Gingko Biloba
- Ginseng
- Grapeseed Extract
- Green Tea
- High-dose Vitamin E & C

POTENTIAL INTERACTIONS
May interfere with cancer killing effects of certain chemotherapy and radiation.

WHO SHOULD AVOID USE
- Patients undergoing radiation therapy
- Patients on some chemotherapy

COMMON HERBAL SUPPLEMENTS WITH ENZYME MODIFYING PROPERTIES

- Black Cohosh
- Curcumin (Turmeric)
- Echinacea
- Essiac
- Garlic
- Ginseng
- Goldenseal
- Grapeseed Extract
- Kava
- Licorice
- Milk Thistle
- Mistletoe (European)
- Nettle
- Reishi Mushroom
- Soy Extract
- St. John’s Wort
- Valerian

POTENTIAL INTERACTIONS
May affect how the chemotherapy drug is broken down in the body and either increase or decrease how well it works.

WHO SHOULD AVOID USE
- Patients taking certain oral chemotherapy drugs

COMMON HERBAL SUPPLEMENTS WITH BLOOD THINNING PROPERTIES

- Curcumin (Turmeric)
- Dong Quai
- Evening Primrose
- Feverfew
- Fish Oil
- Garlic
- Gingko Biloba
- Ginseng
- Grapeseed Extract
- High-dose Vitamin E & C
- Maitake & Reishi Mushroom
- Selenium

POTENTIAL INTERACTIONS
May inhibit platelets’ ability to clump together (clot) and increase the risk of bleeding.

WHO SHOULD AVOID USE
- Patients undergoing surgery
- Patients with low platelet counts
- Patients taking blood thinners